



This competition will focus on Floor & Vault only and is inclusive of all genders, abilities and disabilities.

The minimum age on the date of the competition is 2019 birth year and for gymnasts who are **not** competing at a high level. Gymnasts should train a maximum of 4 hours per week.

Queries - [ultimategymnasticsevents@outlook.com](mailto:ultimategymnasticsevents@outlook.com)  
[www.ultimategymnasticsevents.com](http://www.ultimategymnasticsevents.com)

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### About the competition

- Every gymnast will receive a medal and a gift for participating.
- We host in a very encouraging and relaxed environment, hoping all gymnasts build confidence and gymnasts along with their families enjoy their competition experience.
- Gymnasts can wear their club leotards, along with any colour accessories in their hair, glitter, colourful eyeshadow etc. Shorts are permitted.
- If gymnasts would like to make a colourful number to show to the judges they are able to do so. It is not essential but there will be a prize each round for the most unique and creative numbers. Numbers will be available to show judges to identify those who do not have their own.

### Venue

Marymount School, Surrey, George Rd, Kingston upon Thames KT2 7PE

### Date

Sunday 28th April 2024

### Parking

There is a car park on site. Please allow enough time in the instance the car park becomes full and people need to find alternative parking.

### Competition Entry Fee

£22.50 per gymnast.

### Timings

Timings and rounds will be completed and sent two weeks before the competition date.

### Spectator fees

£5 per person. Under 5's are free.



## Judges

- A judge must be supplied along with your gymnast entry. Within our events we set aside a proportion of entry fees to pay the judges for their time. Depending on the number of gymnasts competing and the length of the day this is usually between £60 - £100.
- Judges do not NEED to have a qualification. However this of course is very beneficial for the most consistent judging. Experience in gymnastics however is essential for a judge. Where possible we always put 2 judges together from different clubs for even and mutual judging.
- This is a colour crazy competition so please can judges wear as much colour as possible - no need for standard judging black & white smart!
- If you do not supply a judge you must pay the entry fee accordingly:
  - £25.00 if you enter 1-10 gymnasts
  - £50.00 if you enter 11-25 gymnasts
  - £100 if you enter 26+ gymnasts

## Cut off Entry Date

All entries must be made on or before the 28th March April 2024. If the competition becomes full sooner than this date, entries will be closed. If you have shared interest we will let you know if this becomes the case.

## How to enter

Fill in the entry form and send back, along with payment. Only make only one transaction per club once you have collected the entry fees for your gymnasts. BACS details are as follows

### Future Gymnastics

#### Metro Bank

**28403151**

**23-05-80**

Please use your club name as a reference. An email will confirm your entry.

- Gymnasts will compete in age appropriate and ability levels.
- Boys are eligible to enter and compete. If enough boys enter they will have their own categories to go against each other.
- Floor is not to music but should contain artistry.
- Floor is T2K foam roll, 2m wide, 12m long (not sprung).
- Vault run up is 6-8 meters long.
- For girls - Shorts over leotards are optional.
- For boys - if they have a unitard this would be preferable, however if they do not then a t-shirt and shorts is fine. No tracksuit bottoms.
- All long hair must be tied up and no jewellery is to be worn.
- Gymnasts get two competition vaults.
- The judging decision is final. If you would like to query a score, please see head judge on the day.
- Upon entry, if a gymnast pulls out and can not be replaced we are unable to refund the entry fee.
- This event is insured by Sports Cover UK. It does not cover individual gymnasts for accidental injury policy. If participants wish to purchase this they are welcome to.
- All coaches must be qualified to teach the skills, and have their own current insurance & DBS.

