

**SUNDAY 8TH
FEBRUARY
2026**

**MERSTHAM PARK
REDHILL
RH1 3PU**



2 COMPETITIONS IN 1 DAY!

FLOOR & VAULT TEAM COMPETITION

Gymnasts from 5 years old

Teams of 3,4 or 5 gymnasts

Top 3 scores to count towards team total

Maximum training 6 hours per week

New levels and skills added

Music for Floor routines in Level 3 & 4



ENTRY CLOSING DATE - 15TH JANUARY

TRAMPOLINING COMPETITION

Trampolinists from 4 years old

Brand new beginner level

**Option for individual and
synchro routines**



RULES & INFO

FLOOR & VAULT

TEAM COMPETITION

Gymnasts should train no more than 6 hours per week

Entry Fee £26.50 per gymnast

Gymnasts should wear their club leotard

General warm up will be taken together and warm up on each apparatus before competing

Clubs must provide a judge or pay the standard missing judge fee

TRAMPOLINING COMPETITION

Trampolinists must train no more than 4 hours per week

Entry fee for Individual category £24.00

Additional entry fee for Synchro category £12.00

Everyone will get a warm up

Competitors must wear clean white socks

Clubs must provide a judge or pay the missing judge fee

GENERAL INFO

Entry closing date January 14th 2026

Location - Merstham Park School, RH1 3PU

Girls and boys all welcome to compete

Car Parking available on site and local residential roads

Spectators fee is £5.00 on the door, under 5's free

All gymnasts receive medals and certificates

Round timings will be released closer to the time once all entries have been released